



# 导学案

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全品

# 学练考

## 高中英语7

选择性必修第四册 BS

细分课时

分层设计

落实基础

突出重点

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主题素养积累

Many people expect that their friends will always be there. They expect friendships to last forever. Yet, friendships end and friends **part company** every day. Unfortunately, even the best **maintained** friendships can end.

Many friendships end because of a change in personality or lifestyle when friends just drift apart and **fade away** with time. The friendship slowly loses importance and finally disappears.

Sue said, “The end of our friendship was a gradual thing. I moved from one side of the metropolis to the other. We had over an hour’s drive to see each other. For a year or so, we met less and less. Then our friendship ended.” John wrote, “**I didn’t even know the friendship was over until I caught myself thinking of Alan as a former friend.**”

Other friendships **break up** suddenly from a disagreement or a move to another town.

Paul said, “When I moved to Seattle after college, our friendship abruptly died. We were both **struggling with** new jobs and didn’t **keep in touch**. Now that friendship was so dead, I didn’t even call him when I went home.”

Yet the biggest threat to a friendship is change. Lillian Rubin in her book *Just Friends* says, “Thus generally it’s true that friends will accept each other so long as they both remain essentially the same as they were when they meet, or change in similar

directions. If they change or grow in different ways, the friendship most likely will be lost.”

**Regardless of why, when, or how friendships end, there is always some pain of loss. When nothing can be done to mend the friendship, it is important to feel the pain fully.** Then move on to **enhance** another friendship or build entirely new friendships.

【主题词句背诵】

- 1. part company (with/from sb) 离开;分手;断绝关系
- 2. maintain v. 保持;维持
- 3. fade away 逐渐消失
- 4. catch sb doing sth 发觉/当场发现某人正在做某事
- 5. think of...as... 把……看作……
- 6. break up 关系破裂
- 7. struggle with 与……做斗争
- 8. keep in touch 保持联系
- 9. enhance v. 增进;提高;增强
- 10. I didn’t even know the friendship was over until I caught myself thinking of Alan as a former friend. 直到我发觉自己把艾伦看作以前的朋友,我才知道这段友谊已经结束了。
- 11. Regardless of why, when, or how friendships end, there is always some pain of loss. 不管友谊因为什么、在什么时候或者以何种方式结束,总会有一些失去的痛苦。
- 12. When nothing can be done to mend the friendship, it is important to feel the pain fully. 当友谊到了无法修复的地步,充分去体会这种痛苦是重要的。

单元知识概览	
核心单词	conflict; intervention; disagreement; envy; friction; encouragement; disturb; apologise; theory; chain; impression; random; release; phrase; additionally; frequently; household; bond; consequence; adopt; stiff; freeze; amazement; proceed; reveal; investigate; sigh; despair; dare; bare; shiver; bone; sob; dive; frown; resolutely; appeal; sorrow; forgiveness; debt; interrupt; legal; document
核心短语	be close to; refer to; be used as; be based on; in amazement; nod at sb; burst into; step in; raise one’s head; send sb off; come along; put out; set sth on fire; take up; put away; hang out
重点句型	1. 同位语从句 2. 过去分词(短语)作后置定语 3. it 用作形式主语 4. too...to... 5. as if(= as though)引导方式状语从句
单元语法	过去时中的被动语态
单元写作	新闻报道

### 词汇点睛

#### 1. envy *n.* & *vt.* 羡慕, 妒忌

- |                           |                   |
|---------------------------|-------------------|
| (1) envy sb sth           | 羡慕某人某物            |
| envy sb doing sth         | 因做某事妒忌或羡慕某人       |
| (2) be the envy of sb/sth | 成为某人/某物羡慕(或忌妒)的对象 |
| out of envy               | 出于忌妒              |
| with envy                 | 羡慕地               |
| green with envy           | 非常嫉妒的; 眼红的        |
| (3) envious <i>adj.</i>   | 羡慕的               |
| be envious of...          | 忌妒……, 羡慕……        |

#### 【佳句背诵】

My elder sister was amazed at the refreshing toy car, with a hint of **envy** in her eyes.

我的姐姐惊讶地看着这个令人耳目一新的玩具车, 眼里带着一丝羡慕。

#### 【活学活用】

##### (1) 单句填空

① I \_\_\_\_\_ (envy) his enthusiasm and energy and it seemed that he never felt exhausted.

② She felt \_\_\_\_\_ (envy) of her friend's ability to travel the world while she was stuck at home with work commitments.

##### (2) 完成句子

The parents gasped in surprise \_\_\_\_\_. They couldn't imagine the two dogs enjoyed each other's company in the blink of an eye.

父母惊讶地倒吸一口气, 甚至有点羡慕。他们无法想象这两只狗在眨眼之间就能享受彼此的陪伴。

(读后续写之动作和情感描写)

#### 2. hang out = hang about/around 闲待, 厮混

(教材 P109) The last person I took a photo of was my sister Daisy when we were **hanging out** last weekend at the park.

上周末我们在公园闲逛时, 我的妹妹黛西是我最后给拍照的人。

- |                       |  |
|-----------------------|--|
| (1) hang <i>v.</i>    | 悬挂, 垂下 (hang—hung—hung); 吊死, 绞死 (hang—hanged—hanged) |
| (2) hang on = hold on | 等等; 坚持下去   |

hang on (to sth) = hold on (to sth)

紧紧抓住(某物); 保留

hang up (on sb)

突然挂断(某人的)电话

(3) hang one's head

(因羞愧等)垂下头

#### 【活学活用】

##### (1) 单句填空

I was trying to explain my situation, but he got so frustrated that he just \_\_\_\_\_ (hang) up on me.

##### (2) 完成句子

① I smiled at Karina, and invited her to \_\_\_\_\_, after which our laughter lingered in the beautiful land.

我对卡琳娜微笑, 邀请她出去逛逛, 之后我们的笑声在这片美丽的土地上回荡。(读后续写之动作描写)

② As the boat rocked fiercely in the stormy waters, the captain shouted, "\_\_\_\_\_ to ensure your safety!"

当船在暴风雨中剧烈摇晃时, 船长喊道: “紧紧抓住绳子, 确保你们的安全!” (读后续写之动作和语言描写)

③ After failing the exam despite studying hard, I couldn't help but \_\_\_\_\_ in disappointment. 尽管努力学习, 但考试还是不及格, 我不禁失望地垂下头。(读后续写之动作描写)

#### 3. disturb *vt.* 干扰, 打扰, 使中断

(教材 P109) Basically, they were making too much noise in their flat in the evenings and it was really **disturbing** us.

基本上, 他们晚上在公寓里制造了太多的噪声, 这真的让我们很烦恼。

- |                            |                                 |
|----------------------------|---------------------------------|
| (1) disturbing <i>adj.</i> | 令人不安的; 引起烦恼的                    |
| (2) disturbed <i>adj.</i>  | 有精神病的; 精神紊乱的; 心神不安的; 心烦意乱的; 烦恼的 |

be disturbed by/about/at...

对……感到忧虑/不安

be disturbed to hear that/hear of...

听说……而感到不安

(3) disturbance *n.* (受) 打扰, 干扰, 妨碍; 障碍

【活学活用】

(1) 单句填空

- ① He had a \_\_\_\_\_ (disturb) experience when he travelled in the country last year.
- ② Carrie looked about her, very \_\_\_\_\_ (disturb) and quite sure that she did not want to work here.
- ③ “You can’t be too careful,” Liu said in his quiet workshop, which ensured minimal noise and \_\_\_\_\_ (disturb).

(2) 完成句子

- ① If you get up early in the morning, try \_\_\_\_\_

\_\_\_\_\_ who is still sleeping by moving quietly around the house and keeping the noise to a minimum.

如果你早上起得很早, 尽量不要打扰其他还在睡觉的人, 在房子里安静地走动, 把噪声降到最低。(话题写作之人际关系)

- ② She \_\_\_\_\_ her mother’s sudden illness yesterday, as it left her feeling anxious about what the future might hold for her mother’s health.

昨天听到母亲突然生病的消息, 她很不安, 因为这让她对母亲未来的健康感到焦虑。

Period Two Lesson 1 How Closely Connected Are We? (Reading)

课前自主探究

词汇助读	课文	翻译助读
① be close to 与……亲密; 靠近……	Research shows [1] the average person only has regular communication with between seven and fifteen people, and that most of our communication is in fact with five to ten people [2] who are closest to <sup>①</sup> us. However, perhaps we are closer to the rest of the world than we think. “Six Degrees of Separation <sup>②</sup> ” refers to <sup>③</sup> the theory <sup>④</sup> [3] that any person on Earth can be connected to any other person through a chain <sup>⑤</sup> of no more than five other people.	研究表明, 普通人只与 7 至 15 个人经常保持联系, 而且其中大部分的交流实际上只发生在 5 到 10 个亲近的人身上。不过, 也许我们与世界上其他人的联系比想象中的更紧密。“六度分隔”理论说的是地球上任何人都可通过不超过另外五个人与一个陌生人联系起来。
② separation n. 分离; 分开	[1] and 连接两个并列的宾语从句, 均作动词 shows 的宾语。	这个概念早在 20 世纪 20 年代就被提出。匈牙利作家弗里吉斯·考林蒂在 1929 年出版了《一切皆不同》一书, 书中介绍了朋友关系网的概念, 许多早期关于社交网络的构想都受到他思想的影响。
③ refer to 指的是	[2] who 引导定语从句, 修饰名词 people。	20 世纪 50 年代, 两位科学家试图用数学方法证明该理论, 但 20 年过去了, 仍未成功。
④ theory n. 学说, 理论	[3] that 引导同位语从句, 作名词 theory 的同位语。	1967 年, 美国社会学家斯坦利·米尔格拉姆试图用新的方法来验证这一理论, 他称之为“小世界问题”。米尔格拉姆在美国中部随机抽取一部分人作为样本,
⑤ chain n. 一连串, 一系列; 链子, 链条	The concept was first talked about as long ago as the 1920s. The Hungarian author Frigyes Karinthy published a book [4] called <i>Everything Is Different</i> in 1929, [5] in which he introduced the idea of friendship networks and his ideas influenced many of our early impressions <sup>⑥</sup> of social networks <sup>⑦</sup> .	
⑥ impression n. 印象, 感想	[4] 过去分词短语作后置定语, 修饰名词 a book。	
⑦ network n. 人际关系网, 联络网; 网络, 网状系统	[5] in which 引导非限制性定语从句, 修饰 <i>Everything Is Different</i> 这本书。	
social network 社交网络	In the 1950s, an attempt <sup>⑧</sup> was made by two scientists [6] to prove the theory mathematically <sup>⑨</sup> ; but after twenty years, they still had not had any success. In 1967, an American sociologist <sup>⑩</sup> called Stanley Milgram tried using a new method to test the theory, [7] which he called the “small-world problem”. He chose a random <sup>⑪</sup> sample <sup>⑫</sup> of people in the middle of America	
⑧ attempt n. 尝试; 企图		
⑨ mathematically adv. 数学上地; 算术地		
⑩ sociologist n. 社会学家		
⑪ random adj. 随机的, 随意的		
⑫ sample n. 样品, 样本		

词汇助读	课文	翻译助读
⑬target <i>n.</i> 目标	and asked them to send packages to a stranger in the state of Massachusetts. The people [8] <u>sending the packages</u> only knew the name, job and general location of the stranger. Milgram told them to send the package to a person [9] <u>they knew personally</u> [10] <u>who they thought might know the <b>target</b><sup>⑬</sup> stranger</u> . [11] <u>Once the <b>parcel</b><sup>⑭</sup> had been received by this person</u> , he/she would send the parcel onto a <b>contact</b> <sup>⑮</sup> of theirs until the parcel could be personally <b>delivered</b> <sup>⑯</sup> to the correct person. Amazingly, [12] <u>it only took between five and seven people to get the parcels delivered</u> , and [13] <u>once <b>released</b><sup>⑰</sup></u> , the results were published in the <b>bimonthly</b> <sup>⑱</sup> magazine <i>Psychology Today</i> . [14] <u>It was this research that inspired the <b>phrase</b><sup>㉑</sup> “Six Degrees of Separation”</u> .	让他们给马萨诸塞州的一位陌生人寄包裹。这些寄送包裹的人只知道这位陌生人的姓名、工作和大致的位置。米尔格拉姆告诉这些人先把包裹寄给认为有可能认识目标收件人的熟人。一旦此人收到包裹,他或她就会将包裹再发给认识的人,直到包裹被送到目标收件人手中。令人惊讶的是,这些包裹只需通过 5 至 7 个人就能送到正确的人手中。结果一经公布,便发表在双月刊《今日心理学》上。正是这项研究启发了“六度分隔”这一说法。
⑭parcel <i>n.</i> 包裹; 邮包	[6]不定式短语作目的状语。	在过去的几十年里,这一理论和说法又再次出现。它被用作戏剧标题和电影名称。随后,更多基于这一理论的影视节目相继拍摄、播出。例如,奥斯卡获奖影片《通天塔》就是基于“六度分隔”这一概念。影片中所有人物彼此不认识、相隔千里,但他们的生活都是紧密相连的。电视连续剧《迷失》也探讨了“六度分隔”的理论,剧中失事飞机上几乎所有人物此前都曾偶遇,或曾遇见其他人物认识的人。上世纪 90 年代中期,美国两名大学生发明了一款游戏。这个游戏的玩法是用不超过六个联结将任意一个演员与美国著名演员、音乐家凯文·贝肯联系起来。这款游戏很快在美国的大学里流行起来。
⑮contact <i>n.</i> 联络人, 熟人	[7]which 引导非限制性定语从句, 修饰名词 the theory。	
⑯deliver <i>vt.</i> 传送, 递送; 交付	[8]现在分词短语作后置定语, 修饰名词 people。	
⑰release <i>vt. &amp; n.</i> 发表, 发布; 释放	[9]画线句为定语从句, 修饰名词 a person, 从句省略了关系代词 that 或 who 或 whom。	
⑱bimonthly <i>adj.</i> 两月一次的; 一月两次的	[10]who 引导定语从句, 修饰名词 a person。	
⑲psychology <i>n.</i> 心理, 心理学	[11]once 引导条件状语从句, once 意为“一旦”。	
㉑phrase <i>n.</i> 成语, 习语; 警句	[12]it 作形式主语, 不定式短语 to get the parcels delivered 作真正的主语。	
㉒be used as 被用作	[13]画线部分为状语从句 once they were released 的省略。	
㉓be based on 基于……, 以……为基础	[14]画线句为强调句, 强调主语 this research。	
㉔broadcast <i>vt.</i> 广播, 播送	In the last few decades, the theory and the phrase have appeared again. Its name <b>was used as</b> <sup>㉒</sup> the title of a play and then a film. Then, more films and TV programmes [15] <u><b>based on</b><sup>㉓</sup> the concept</u> were made and <b>broadcast</b> <sup>㉔</sup> . For example, the Oscar-winning film <i>Babel</i> is based on the concept of “Six Degrees of Separation”. The lives of all the characters were closely connected, although they did not know each other and lived thousands of miles <b>apart</b> <sup>㉕</sup> . The television series <i>Lost</i> also explored the idea of “Six Degrees of Separation”, as almost all the characters had randomly met each other, or had met someone [16] <u>the other characters knew</u> , before they were all in the same <b>plane crash</b> <sup>㉖</sup> . In the mid-1990s, two college students in the United States invented a game. The idea of the game was [17] <u>to link any actor to Kevin Bacon</u> , a famous American actor and musician, through no more than six links. Soon the game was being played in universities across the United States.	
㉕apart <i>adv.</i> (指空间或时间) 相隔, 相距		
㉖crash <i>n.</i> 碰撞; 撞车 plane crash 飞机失事; 飞机撞击		

词汇助读	课文	翻译助读
②⑥recreate <i>vt.</i> 再现	[15]过去分词短语作后置定语,修饰名词词组 films and TV programmes.	2001 年,哥伦比亚大学尝试在互联网上重现米尔格拉姆的实验,被称为“哥伦比亚小世界项目”。这项实验涉及 24 163 个电子邮件链接,覆盖了来自 13 个国家的 18 个目标人物。实验结果证实,联络串中的平均连接数是 6 个。
②⑦involve <i>vt.</i> 包含;涉及;(使)参加,加入	[16]画线句为定语从句,修饰代词 someone,从句省略了关系代词 that 或 who 或 whom。 [17]不定式短语作表语。 In 2001, Columbia University tried to <b>recreate</b> <sup>②⑥</sup> Milgram's experiment on the Internet. This became known as the “Columbia Small-world Project”. The experiment <b>involved</b> <sup>②⑦</sup> 24,163 email chains with 18 target people in 13 different countries. The results <b>confirmed</b> <sup>②⑧</sup> [18]that the average number of links in the chain was six.	最新的是 2011 年米兰大学的一项实验,该实验分析了 7.21 亿社交媒体用户之间的关系,发现 92%的用户只需通过四个阶段(即五度分隔),就可建立联系。
②⑧confirm <i>vt.</i> 确认;证实	[18]that 引导宾语从句,作动词 confirmed 的宾语。	所以,思考一下这个问题:你与你经常乘坐的公交车的司机或给你送包裹的人可能存在怎样的联系?
②⑨analyse <i>vt.</i> 分析	Most recently, an experiment in 2011 at the University of Milan <b>analysed</b> <sup>②⑨</sup> the relationship between 721 million social media users and found that 92 percent were connected by only four <b>stages</b> <sup>③⑩</sup> , or five degrees of separation.	
③⑩stage <i>n.</i> 阶段;步骤	So, think about it for a minute: How might you be connected to the driver of the bus [19]you regularly take or the person [20]who delivers your parcels? [19]画线句为定语从句,修饰名词 the bus。 [20]who 引导定语从句,修饰名词 the person。	

Step 1 Fast reading

Read the passage on Pages 8—9 and match the main ideas with each part.

- ( ) Para. 1      ( ) Para. 2      ( ) Para. 3  
( ) Para. 4      ( ) Paras. 5—6      ( ) Para. 7

- A. Attempts to test the theory.  
B. Two experiments and their findings.  
C. The idea of friendship networks was introduced.  
D. Consider your daily connections with others.  
E. The concept of “Six Degrees of Separation”.  
F. The influence of the theory on entertainment.

Step 2 Careful reading

Read the text carefully and choose the best answer.

- ( ) 1. How many people does the average person regularly communicate with?  
A. Between 2 and 4.      B. Between 7 and 15.  
C. Between 16 and 20.      D. More than 20.  
( ) 2. What was the method used in the “Columbia Small-world Project” to measure connections?  
A. Physical delivery of packages.

- B. Chain e-mails sent to random recipients.  
C. Surveys asking about personal acquaintances.  
D. Direct interviews with strangers in different states.  
( ) 3. What is the cultural impact of the “Six Degrees of Separation” concept according to Paragraph 4?  
A. It has only been featured in a single film.  
B. It has no significant presence in popular culture.  
C. It has inspired various films and TV shows.  
D. It is the central theme of all Oscar-winning films.  
( ) 4. How is the passage mainly organized?  
A. By the order of time.  
B. By giving examples.  
C. By giving a definition.  
D. By comparison.

Step 3 Summary

Read the text again and fill in the blanks.

1. \_\_\_\_\_ (refer) to the theory that any person on Earth can 2. \_\_\_\_\_ (connect) to any other person through a chain of no more than five

other people, “Six Degrees of Separation” was first talked about as early as the 1920s.

In the 1950s, two scientists made an attempt 3. \_\_\_\_\_ (prove) the theory mathematically, but failed. In 1967, American sociologist Stanley Milgram tested the theory with a new method called the “small-world problem”, and it was this research 4. \_\_\_\_\_ inspired the phrase “Six Degrees of Separation”.

The theory and the phrase appeared again in the last few decades, and the name of “Six Degrees of Separation” was used 5. \_\_\_\_\_ the title of a play and then a movie. Afterwards, 6. \_\_\_\_\_ (base) on

the concept, more movies and TV programmes were made and broadcast.

In 2001, Milgram’s experiment 7. \_\_\_\_\_ (try) online. Known as the “Columbia Small-world Project”, the experiment 8. \_\_\_\_\_ results confirmed that the average number of links in the chain was six involved 24,163 email chains with 18 target people in 13 different countries. And most 9. \_\_\_\_\_ (recent), in 2011 an experiment at the University of Milan found 92 percent social media users were connected by only four stages, or five degrees of 10. \_\_\_\_\_ (separate).

语言知识梳理

直击重点 突破考点

词汇点睛

**1. refer to** 指的是;提及;说起;查阅,参考;涉及,与……有关

(教材 P8) “Six Degrees of Separation” **refers to** the theory that any person on Earth can be connected to any other person through a chain of no more than five other people.

“六度分隔”理论说的是地球上任何人都可通过不超过另外五个人与一个陌生人联系起来。

(1)refer to...as...	称……为……
refer...to...	把……交给……
(2)reference n.	查看,查阅
in reference to	关于
reference book	参考书

【温馨提示】refer 的过去式、过去分词和现在分词都需要双写“r”。类似的词还有 prefer, occur 等。

【活学活用】

(1)单句填空

[2024·新课标 I 卷] I keep two \_\_\_\_\_ (refer) books close-by on my desk: dictionary and thesaurus.

(2)完成句子

①The Chinese \_\_\_\_\_ Han, as it became popular among the people during the Han Dynasty.

中国人称他们的语言为汉语,因为它是在汉代的时候在人们之间开始流行的。(话题写作之语言学习)

②The student \_\_\_\_\_ just now often \_\_\_\_\_ his dictionary to teach himself.

刚才提到的那个学生经常查阅词典自学。

**2. impression** n. 印象;感想

(教材 P8) The Hungarian author Frigyes Karinthy published a book called *Everything Is Different* in 1929, in which he introduced the idea of friendship networks and his ideas influenced many of our early **impressions** of social networks.

匈牙利作家弗里吉斯·考林蒂在 1929 年出版了《一切皆不同》一书,书中介绍了朋友关系网的概念,许多早期关于社交网络的构想都受到他思想的影响。

(1)make/leave/have an/the impression on/upon...	给……留下印象
(2)impress vt. & vi.	使钦佩,给……留下深刻印象,使意识到;使铭记;使明白
impress sth on/upon sb	使意识到(重要性或严重性等)
impress sb with sth	某物给某人留下深刻印象
be impressed by/with...	对……印象深刻
(3)impressive adj.	使人印象深刻的;难忘的

【活学活用】

(1)单句填空/熟词生义

①The breathtaking landscape of the Grand Canyon left a deep \_\_\_\_\_ (impress) on me, one that I will cherish for the rest of my life.

②[2024·全国甲卷] Cats have many heightened senses, but their sense of smell is quite \_\_\_\_\_ (impress).

③The teacher used various examples to **impress** upon the students that understanding the material thoroughly is of great importance. \_\_\_\_\_

## (2) 完成句子

① The documentary about climate change was able to \_\_\_\_\_ its powerful visuals and precise statistics.

这部关于气候变化的纪录片以其强大的视觉资料和精准的统计数据给观众留下了深刻印象。(话题写作之环境保护)

② I am \_\_\_\_\_ that the volunteers put into the community project, which has also made a significant difference in the lives of many residents.

志愿者们为社区项目所做的奉献给我留下了深刻的印象,同时这也对许多居民的生活产生了重大影响。(话题写作之志愿服务)

## 3. random adj. 随机的,随意的

(教材 P9) He chose a **random** sample of people in the middle of America and asked them to send packages to a stranger in the state of Massachusetts. 米尔格拉姆在美国中部随机抽取一部分人作为样本,让他们给马萨诸塞州的一位陌生人寄包裹。

(1) at random 随便地,随意地

(2) randomly adv. 随机地;随意地;未加计划地

## 【活学活用】

### (1) 单句填空

We should stay away from illegal websites and should not register \_\_\_\_\_ (random) on some websites to protect our privacy.

### (2) 完成句子

[2023·新高考全国Ⅱ卷] Hearing that \_\_\_\_\_ in our oral English class, I'm writing to voice my opinion about it. (介词短语)

听说我们将在英语口语课上被随机配对,所以我写信表达我的看法。(应用文写作之建议信)

## 4. target n. 目标;靶子 v. 把……作为目标

(教材 P9) Milgram told them to send the package to a person they knew personally who they thought might know the **target** stranger.

米尔格拉姆告诉这些人先把包裹寄给认为有可能认识目标收件人的熟人。

(1) be targeted at 面向,瞄准

(2) target audience/group/area

目标观众/群体/区域

(3) aim at a target 瞄准靶子

hit/miss the target 中/脱靶

set/meet/achieve a target 设定/完成/达到目标

## 【佳句背诵】

The programme **is targeted at** improving the health of women of all ages.

该项目的目标是提高各年龄段女性的健康水平。

## 【活学活用】

### 完成句子

① In order to achieve her fitness requirements, she decided to \_\_\_\_\_ running five kilometres three times a week.

为了达到她的健身要求,她决定设定每周跑三次五公里的目标。(话题写作之健康生活)

② The course \_\_\_\_\_ foreign students who have a keen interest in ancient Chinese poems.

本课程主要面向对中国古诗词有浓厚兴趣的外国学生。(应用文写作之介绍信)

## 5. release vt. & n. 发表,发布;释放

(教材 P9) Amazingly, it only took between five and seven people to get the parcels delivered, and once **released**, the results were published in the bimonthly magazine *Psychology Today*.

令人惊讶的是,这些包裹只需通过 5 至 7 个人就能送到正确的人手中。结果一经公布,便发表在双月刊《今日心理学》上。

(1) release pressure 释放压力

release sb from sth 使某人免除……;解除某人的……

release sth into... 把某物排入……

(2) on release (电影)在公映

## 【活学活用】

### (1) 单句填空

① The documentary film \_\_\_\_\_ (release) next week aims at introducing local cultures to the world.

② Fears grew that the number of deaths could reach 5, according to figures \_\_\_\_\_ (release) by emergency services.

③ Immediately \_\_\_\_\_ release, the film drew an audience of thousands, who were excited to experience the much-anticipated story brought to life on the big screen.

### (2) 完成句子/句式改写

① [2021·浙江 1 月考读后续写] Moments later, my head \_\_\_\_\_ this horrible pumpkin cage. Then Mum told me she had

just filmed me managing to pull my head out of the pumpkin.

过了一会儿,我的头终于从这个可怕的南瓜笼子里解放了出来。然后妈妈告诉我,她刚刚拍下了我把头从南瓜里拔出来的过程。(读后续写之动作描写)

② **As more and more carbon is (being) released into the air**, Earth gets warmer and warmer.

→ \_\_\_\_\_, Earth gets warmer and warmer. (用 with 复合结构改写) (话题写作之环境保护)

**6. be based on/upon...** 以……为基础/依据 (教材 P9) Then, more films and TV programmes **based on** the concept were made and broadcast. 随后,更多基于这一理论的影视节目相继拍摄、播出。

- (1) base *v.* 把(总部等)设在  
*n.* 根据;基础;基底;总部,大本营  
base...on/upon... 把……建立在……的基础上  
(2) basis *n.* 基础;根据  
on the basis of = based on 根据……;基于……  
on a daily/weekly/regular basis 每天/每周/定期  
(3) basic *adj.* 基本的;基础的  
(4) basically *adv.* 从根本上说

【佳句背诵】

We should never judge others only **based on** our first impression about them.  
我们不应只根据第一印象评价他人。

【活学活用】

(1) 单句填空

- ① The researchers drew this conclusion on the \_\_\_\_\_ (base) of carefully conducted experiments, which provided substantial evidence supporting their hypothesis.
- ② [2024 · 新课标 II 卷] This informative walk led by Richard Smyth introduces you to the \_\_\_\_\_ (base) principles of photography in the wild.
- ③ The village has remained \_\_\_\_\_ (basic) unchanged for over 300 years.

(2) 完成句子

- ① \_\_\_\_\_, learning English online is really a great way for English learners. 根据我自己的经验,网上学习英语对英语学习者来说是一个很好的方式。(话题写作之语言学习)

② In order to maintain physical and mental health, I \_\_\_\_\_.  
为了保持身心健康,我定期锻炼。(话题写作之健康生活)

**7. involve** *vt.* 包含;涉及;(使)参加,加入 (教材 P9) The experiment **involved** 24, 163 email chains with 18 target people in 13 different countries. 这项实验涉及 24 163 个电子邮件链接,覆盖了来自 13 个国家的 18 个目标人物。

- (1) involve doing sth 包括做某事;需要做某事  
involve sb/oneself in (doing) sth 使某人/自己参与到(做)某事中去  
(2) involved *adj.* 参与的,有关联的;关注  
be/get involved in... 被卷入……;参与……  
(3) involvement *n.* 参与;卷入

【活学活用】

(1) 单句填空

- ① The operation involves \_\_\_\_\_ (put) a small tube into your heart, which allows doctors to diagnose and treat various cardiovascular conditions.
- ② I see it as a good way for you to get exposed to Chinese culture and expect your \_\_\_\_\_ (involve) in the team.

③ [2024 · 北京卷] Since there are many factors \_\_\_\_\_ (involve) in the pairing process, not all students who sign up will be matched with a partner and be able to register for the programme.

(2) 同义句改写

I **participated in** the volunteer work for the 19th Asian Games held in Hangzhou.

→ I \_\_\_\_\_ the volunteer work for the 19th Asian Games held in Hangzhou. (*v.*)

→ I \_\_\_\_\_ the volunteer work for the 19th Asian Games held in Hangzhou. (*adj.*) (话题写作之体育运动)

句型透视

**1. (教材 P8) “Six Degrees of Separation” refers to the theory that any person on Earth can be connected to any other person through a chain of no more than five other people.** “六度分隔”理论说的是地球上任何人都可通过不超过另外五个人与一个陌生人联系起来。

句型公式  
同位语从句

【句式点拨】

that 引导同位语从句,作名词 theory 的同位语。

【归纳拓展】

that 引导同位语从句时,在从句中不充当成分,只起连接作用。可以跟同位语从句的名词通常有 news, idea, fact, promise, question, doubt, thought, hope, message, suggestion, word (消息), possibility, decision 等。

【活学活用】

(1) 单句填空

I've come from Mr Wang with a message \_\_\_\_\_ he won't be able to see you this afternoon.

(2) 完成句子

① It was early evening and his rough appearance and \_\_\_\_\_ he was holding a bottle wrapped in newspaper confirmed my immediate suspicion—he was a drunk.

那是傍晚时分,他粗犷的外表和他拿着一个用报纸包裹的瓶子的事实证实了我目前的怀疑——他是个醉汉。(读后续写之外貌描写)

② Inspiring others to believe in themselves, Stephen Curry is living proof \_\_\_\_\_

\_\_\_\_\_ what you become.  
斯蒂芬·库里激励他人去相信自己,其他人对你的看法不一定会影响你成为什么样的人,他自己是活生生的证明。(读后续写之文末总结句)

2. (教材 P8) The Hungarian author Frigyes Karinthy published a book called *Everything Is Different* in 1929, in which he introduced the idea of friendship networks and his ideas influenced many of our early impressions of social networks. 匈牙利作家弗里吉斯·考林蒂在 1929 年出版了《一切皆不同》一书,书中介绍了朋友关系网的概念,许多早期关于社交网络的构想都受到他思想的影响。

句型公式  
过去分词(短语)作后置定语

【句式点拨】

此处 called *Everything Is Different* 为过去分词短语作后置定语,修饰名词 a book。

【活学活用】

(1) 单句填空

① Last night, I watched a performance of *Butterfly Lovers*, a beautiful violin concerto \_\_\_\_\_ (compose) by He Zhanhao and Chen Gang.

② Indeed, you may one day do jobs that do not yet exist, use technologies not yet \_\_\_\_\_ (develop) and resolve problems that are not yet problems!

(2) 完成句子

Our school is thrilled to announce the Traditional Chinese Food Festival, a cultural activity \_\_\_\_\_

\_\_\_\_\_.  
我们学校很高兴地宣布将举办中国传统食品节,这是一项为国际学生设计的文化活动。(应用文写作之告知信)

3. (教材 P9) **Amazingly, it only took between five and seven people to get the parcels delivered, and once released, the results were published in the bimonthly magazine *Psychology Today*.** 令人惊讶的是,这些包裹只需通过 5 至 7 个人就能送到正确的人手中。结果一经公布,便发表在双月刊《今日心理学》上。

句型公式  
it 用作形式主语

【句式点拨】

当句子的主语是动词不定式、动名词或从句时,为了保持句子平衡,常使用 it 作形式主语,将真正的主语放在句子的后面。

【归纳拓展】

it 用作形式主语的常见句式:

(1) It is/was + 形容词 + that + 从句.

It's natural/likely/strange that...

……是正常的/很可能的/奇怪的。

(2) It is/was + 名词 + for sb to do sth 或 that + 从句或 v.-ing.

It's a pity/shame/an honour... for sb to do sth.

对某人而言,做某事是遗憾的/可耻的/荣幸的/……

It's a pity/shame/an honour... that sb does sth.

对某人而言,做某事是遗憾的/可耻的/荣幸的/……

It is no use/no good/not much fun... + doing sth.

做某事无用/无益/无趣/……

(3) It + 不及物动词 + that + 从句.

It seems/happens/turns out that...

似乎/碰巧/结果……

(4) It is/was + 过去分词 + that + 从句.

It's said/well known/reported that...

据说/众所周知/据报道……

### 【活学活用】

(1) 单句填空

① [2021·全国甲卷] It is possible \_\_\_\_\_ (walk) or bike the entire 14 kilometres.

② In the light of the problems, \_\_\_\_\_ is necessary for us to use social media properly.

③ It was no use \_\_\_\_\_ (pretend) that I had not

seen him, so I waved to him.

(2) 完成句子

① \_\_\_\_\_ and deliver my speech on the graduation ceremony. 我很荣幸被邀请到贵校并在毕业典礼上发表演讲。

(应用文写作之演讲词)

② The first time you take a plane, \_\_\_\_\_ while the plane is taking off or landing. 第一次坐飞机时,在飞机起降时(你)感到不舒服是很正常的。

## Period Three Lesson 2 Community Spirit

### 语言知识梳理

直击重点 突破考点

### 词汇点睛

**1. additionally** *adv.* 除此之外,此外

(教材 P110) **Additionally**, there was very little crime. 此外,犯罪率很低。

**additional** *adj.* 附加的;额外的;外加的  
**in addition (to sb/sth)** 除了;另外,加之,除……之外(还)

### 【活学活用】

(1) 单句填空

① [2022·新高考全国 I 卷] \_\_\_\_\_ (additional), from time to time I will assign group work to be completed in class or short assignments to be completed at home, both of which will be graded.

② In addition \_\_\_\_\_ blogging, taking photos and writing articles about the reef, he made a number of appearances on television to argue in favour of its defence.

(2) 完成句子

Smart wearable devices can monitor our health conditions and provide timely reminders for exercise and rest. \_\_\_\_\_, intelligent transportation systems make our commuting more convenient and efficient. (介词短语)

智能可穿戴设备可以监测我们的健康状况,并及时提醒我们锻炼和休息。此外,智能交通系统使我们的通勤更加方便、高效。(话题写作之网络科技)

**2. frequently** *adv.* 经常地,频繁地

(教材 P110) They visited each other and **frequently** organised community celebrations.

他们互相拜访,并经常组织社区庆祝活动。

**frequent** *adj.* 经常的,频繁的  
**frequency** *n.* 频率;频数,频繁

### 【活学活用】

(1) 单句填空

① [2022·浙江 1 月考读后续写] I absorbed myself in that project, and I \_\_\_\_\_ (frequent) forgot about eating or sleeping.

② The \_\_\_\_\_ (frequent) of the meetings increased as the project deadline approached, ensuring that everyone was on track.

(2) 完成句子

In the classroom, I couldn't help casting \_\_\_\_\_ —he wasn't looking at me.

在教室里,我忍不住不时地瞥他一眼——他并没有看着我。(读后续写之动作描写)

**3. consequence** *n.* 后果

(教材 P110) Well, the **consequences** of the change followed quickly.

好吧,变化的后果很快随之而来。

(1) as a consequence = in consequence/as a result  
结果,因此

as a consequence of = in consequence of/as a result of  
因为……;由于……

suffer/face/take the consequences (of sth)

面对/承担(某事的)后果

(2) consequent *adj.* 作为结果的;随之而来的

(3) consequently *adv.* 结果,因此

【活学活用】

(1) 单句填空

- ① The flight was delayed because of fog, and \_\_\_\_\_ (consequent), he didn't make it to his best friend's wedding in time.
- ② Whether big or small, what all our choices have in common is that they lead to specific \_\_\_\_\_ (consequence).
- ③ His death was totally unexpected and, \_\_\_\_\_ consequence, no plans had been made for his replacement.

(2) 完成句子

- ① [2021 · 北京卷] My grandfather was under treatment in hospital, and \_\_\_\_\_, I have to take care of him. (介词短语)  
我祖父在医院接受治疗, 因此我得照顾他。
- ② \_\_\_\_\_ the increasing popularity of e-books, the paper book sales have declined significantly.  
由于电子书越来越受欢迎, 纸质书的销量显著下降。

Period Four Lesson 3 Anne of Green Gables (Reading)

课前自主探究 预习新课 研读课文

词汇助读	课文	翻译助读
①odd <i>adj.</i> 古怪的, 奇怪的, 怪异的	Marilla saw Matthew in the front yard and immediately rushed to the door. But when her eyes fell on the <b>odd</b> <sup>①</sup> little <b>figure</b> <sup>②</sup> in the <b>stiff</b> <sup>③</sup> , ugly dress, with the long red hair and the eager, bright eyes, she <b>froze</b> <sup>④</sup> in <b>amazement</b> <sup>⑤</sup> . “Matthew Cuthbert, who’s that?” she asked. “Where is the boy?”	玛丽拉看见马修到前院了, 立刻冲到门口。但当她的目光落在那个衣服不合身又难看、长着红色长头发、眼睛热切而明亮的古怪小人身上时, 她惊呆了。“马修·卡斯伯特, 她是谁? 那个男孩子呢?”她问道。
②figure <i>n.</i> 人, 人物; (隐约可见的)人影	“There wasn’t any boy,” said Matthew. “There was only her.” He <b>nodded at</b> <sup>⑥</sup> the child, [1] <u>remembering that he had never even asked her name.</u>	“没有男孩子, 只有她在那里,”马修答道。他向那孩子点了点头, 突然想起自己甚至还没有问过女孩儿的名字。
③stiff <i>adj.</i> 挺的, 硬的, 不易弯曲的	[1]现在分词短语作状语; that 引导宾语从句, 作 remembering 的宾语。	“没有男孩儿! 可是一定得有个男孩儿,”玛丽拉坚持说。
④freeze <i>vi. &amp; vt.</i> 呆住; 突然停止; (使)结冰, (使)冻结	“No boy! But there must have been a boy,” insisted Marilla. “We sent word to Mrs Spencer to bring a boy.”	“我们给斯宾塞太太捎口信要带个男孩子来的呀。”
⑤amazement <i>n.</i> 吃惊, 惊奇	“Well, she didn’t. She brought her. She arrived at the train station and couldn’t be left there alone.”	“好吧, 她没有。斯宾塞太太只带来了这个孩子。她到了火车站, 总不能把她一个人扔在那儿吧。”
in amazement 吃惊地	During this dialogue the child had remained silent. Suddenly she seemed to grasp the full meaning of [2] <u>what had been said.</u> She <b>sprang</b> <sup>⑦</sup> forward a step and <b>clasped</b> <sup>⑧</sup> her hands. “You don’t want me!” the girl cried. “You don’t want me because I’m not a boy! I might have expected it. I might have known [3] <u>it was all too beautiful to last.</u> I might have known [4] <u>nobody really did want me.</u> Oh, what am I going to do? I’m going to <b>burst into tears</b> <sup>⑨</sup> !”	俩人说话时, 这孩子一声不吭。突然, 她似乎完全明白了他们说话的意思, 冲上前一步, 双手紧握。“你们不想要我!”她大喊道。“你们不想要我, 就因为我不是男孩儿! 我早就应该料到。我早就应该知道这件事太美好, 无法持久。我早就应该想到没人真的想要我。哦, 我该怎么办呀? 我马上就要哭出来了!”
⑥nod at sb 朝某人点头	[2]what 引导宾语从句, 作介词 of 的宾语。	
⑦spring <i>vi.</i> 突然猛烈地移动, 突如其来地做	[3]画线部分为“too... to do...”句型, 意为“太……而不……”。	
⑧clasp <i>vt.</i> 握紧, 抱紧 <i>n.</i> 紧握, 紧抱	[4]画线句为宾语从句, 作动词 known 的宾语, 从句省略了连词 that。	
⑨burst into 突然……起来 (尤指唱歌、哭、笑等) burst into tears 突然哭了起来		

词汇助读	课文	翻译助读
⑩ proceed <i>vi.</i> 继续进行, 继续做	Burst into tears she did. [5] <u>Sitting down on a chair by the table, throwing her arms on it, and burying her face in them,</u> she <b>proceeded</b> <sup>⑩</sup> to cry stormily. Marilla and Matthew looked at each other. Neither of them knew [6] <u>what to say or do.</u> Finally Marilla <b>stepped in</b> <sup>⑪</sup> [7] <u>to try to comfort the child.</u> “Well, well, there’s no need [8] <u>to cry so about it.</u> ”	她立刻哭了起来。她一下坐到桌边的椅子上, 扑到桌上, 脸埋在臂弯里, 放声大哭, 玛丽拉和马修面面相觑, 都不知道该说什么, 也不知道该做点儿什么。最后玛丽拉试着走上前安慰这个孩子。“好啦, 好啦, 没必要为这事儿哭成这样。”
⑪ step in 介入, 干预, 插手(棘手问题)	[5]三个并列的现在分词短语作状语。 [6]画线部分为“特殊疑问词+不定式”结构, 在句中作动词 knew 的宾语。 [7]不定式作目的状语。 [8]不定式作定语, 修饰抽象名词 need。	“有, 有必要!”那孩子抬起头, 露出一张泪痕斑斑的脸。
⑫ raise one’s head 抬起头	“Yes, there is need!” The child <b>raised her head</b> <sup>⑫</sup> ,	“如果你是个孤儿, 来到一个满以为会成为自己家的地方, 却发现他们并不想要你, 因为你不是个男孩, 你也会哭的。”
⑬ reveal <i>vt.</i> 展现, 显露; 揭示, 揭露	[9] <b>revealing</b> <sup>⑬</sup> a <b>tear-stained</b> <sup>⑭</sup> face. “You would cry, too, if you were an <b>orphan</b> <sup>⑮</sup> and had come to a place [10] <u>you thought was going to be home and found that they didn’t want you because you weren’t a boy.</u> ”	“好吧, 别再哭了。今晚我们不会送你走的。在我们搞清楚这件事之前, 你先待在这儿。你叫什么名字?”
⑭ tear-stained <i>adj.</i> 有泪痕的	[9]现在分词短语作状语。 [10]画线句为定语从句, 修饰名词 place, 从句省略了关系代词 that 或 which。	“我叫安妮,” 孩子悲伤地说。
⑮ orphan <i>n.</i> 孤儿	“Well, don’t cry anymore. We’re not going to <b>send you off</b> <sup>⑯</sup> tonight. You’ll have to stay here until we <b>investigate</b> <sup>⑰</sup> this <b>affair</b> <sup>⑱</sup> . What’s your name?”	“好的, 来吧, 安妮, 该吃晚饭了。”他们都坐下来吃饭, 但安妮吃不下。她试着吃点儿面包、黄油和摆在她盘子旁边小玻璃碟里的苹果酱, 但一点胃口都没有。
⑯ send sb off 打发某人走	“Anne,” said the child sadly.	“你什么都没吃,” 玛丽拉严厉地说, 眼睛盯着她, 好像这是个严重的问题。安妮叹了口气。“我吃不下。我彻底绝望了。你彻底绝望的时候还能吃得下东西吗?”
⑰ investigate <i>vi. &amp; vt.</i> 查明, 调查, 侦查	“Well, <b>come along</b> <sup>⑲</sup> , Anne. It’s dinner time.” They all sat down for dinner but Anne could not eat. She tried to enjoy the bread and butter and the apple <b>jam</b> <sup>⑳</sup> out of the little glass dish by her plate but she had no <b>appetite</b> <sup>㉑</sup> .	“我从来没有完全绝望的时候, 所以没法回答,” 玛丽拉回答道。
⑱ affair <i>n.</i> 事情, 事件	“You’re not eating anything,” said Marilla <b>sharply</b> <sup>㉒</sup> ,	“你没有过吗? 好吧, 那你有没有试着想象自己陷入了绝望的深渊?”
⑲ come along (尤用于鼓励别人参加某活动) 来吧, 一起来	[11] <b>eying</b> <sup>㉓</sup> her as if it were a serious problem. Anne <b>sighed</b> <sup>㉔</sup> . “I can’t. I’m in the depths of <b>despair</b> <sup>㉕</sup> . Can you eat when you are in the depths of despair?”	“不, 没想过。”
㉑ jam <i>n.</i> 果酱	[11]现在分词短语作状语; as if 引导方式状语从句。	“我想她一定是累了,” 马修说。
㉒ appetite <i>n.</i> 胃口	“I’ve never been in the depths of despair, so I can’t say,” responded Marilla.	“最好让她去睡觉吧, 玛丽拉。”
㉓ sharply <i>adv.</i> 严厉地	“Weren’t you? Well, did you ever try to imagine you were in the depths of despair?”	
㉔ eye <i>vt.</i> 审视, 细看	“No, I didn’t.”	
㉕ sigh <i>n. &amp; vi.</i> 叹息, 叹气	“I guess she’s tired,” said Matthew. “Best put her to bed, Marilla.”	
㉖ despair <i>n.</i> 绝望		

词汇助读	课文	翻译助读
②⑥undress <i>vi.</i> 脱衣服	Marilla had been wondering [12] <u>where Anne should be put to bed</u> . She decided on the small bedroom. She lit a candle and told Anne to follow her, [13] <u>which Anne did</u> , [14] <u>taking her hat and bag from the hall table as she passed</u> . The hall was perfectly clean; the little room [15] <u>in which she found herself seemed still cleaner</u> .	玛丽拉一直在想应该让安妮睡在哪里,最后决定安排在一间小卧室。她点了根蜡烛,叫安妮跟着她。安妮跟了上来,路过大厅时从桌子上拿起自己的帽子和包。大厅非常干净,她发现自己进来的这间小屋似乎更干净。
②⑦dare <i>n. &amp; vi.</i> 胆敢,敢于	[12]where 引导宾语从句。 [13]which 引导非限制性定语从句,修饰整个主句。 [14]现在分词短语作状语;as 引导时间状语从句。 [15]in which 引导定语从句,修饰名词 room。	
②⑧put out 关灯;扑灭	Marilla set the candle on a three-legged table and turned down the bedclothes. “Well, <b>undress</b> ® as quick as you can and go to bed. I’ll come back in a few minutes for the candle. <b>I daren’t</b> ® trust you to <b>put it out</b> ® yourself. You’d likely <b>set the place on fire</b> ®.”	玛丽拉把蜡烛放在一张三腿桌上,铺开床褥。“好了,赶快脱掉衣服上床睡觉吧。几分钟后我会回来拿蜡烛,我可不放心让你自己吹灭蜡烛,你很可能放火烧了这个地方。”
②⑨set sth on fire 放火烧某物	When Marilla had gone, Anne looked around her sadly. The whitewashed walls were so painfully <b>bare</b> ®. The floor was bare, too. [16] <u>In one corner was the bed, a high, old-fashioned one of dark wood</u> . [17] <u>Midway between table and bed was the window, with an icy white curtain over it</u> . There was no restroom, but there was a wash <b>stand</b> ® with a <b>faucet</b> ® in the other corner. The whole room felt cold and <b>unwelcoming</b> ®, [18] <u>which sent a <b>shiver</b>® through Anne’s <b>bones</b>®</u> . With a <b>sob</b> ® she quickly undressed, put on her nightclothes and jumped into bed [19] <u>where she pressed her face down into the <b>pillow</b>® and pulled the clothes over her head</u> .	玛丽拉走后,安妮悲伤地环顾四周。四周的墙壁粉刷得雪白,什么装饰也没有。地板上也空荡荡的,角落里有一张床,一张高高的老式深色木床。桌子和床的中间有一扇窗,窗上挂着一块冰白色的窗帘。房间里没有洗手间,但另一个角落有一个带水龙头的洗漱台。整个房间让人感到寒冷而陌生,安妮浑身打了个冷战。她抽泣着,迅速脱下衣服,穿上睡衣,跳到床上,把脸埋在枕头里,拉过被子蒙住脑袋。
③⑩bare <i>adj.</i> 空的,无装饰的;赤裸的,裸露的	[16]画线句为作表语的介词短语置于句首引起的完全倒装句。 [17]画线句为作表语的介词短语置于句首引起的完全倒装句。 [18]which 引导非限制性定语从句,修饰整个主句。 [19]where 引导定语从句,修饰名词 bed。	
③⑪midway <i>adj.</i> 居中的	When Marilla came up for the light, she saw the <b>untidy</b> ® way [20] <u>the clothing had been thrown on the floor</u> . She carefully picked up Anne’s clothes, placed them <b>neatly</b> ® on a yellow chair, and then, [21] <u>taking up</u> ® the candle, went over to the bed. “Good night,” she said, a little awkwardly, but not <b>unkindly</b> ®.	玛丽拉回来取蜡烛时,看到安妮的衣服乱七八糟地扔在地上,便仔细地拾起衣服,整齐地放在黄色的椅子上,然后拿起蜡烛,走到床边。“晚安,”她口气有些生硬,但透着一丝温情说。
③⑫stand <i>n.</i> 桌,台	[20]画线句为定语从句,修饰名词 way,从句省略了 that 或 in which。 [21]现在分词短语作状语。	
③⑬faucet <i>n.</i> 水龙头		
③⑭unwelcoming <i>adj.</i> 不温馨的		
③⑮shiver <i>n. &amp; vi.</i> 颤抖,哆嗦,发抖		
③⑯bone <i>n.</i> 骨头;骨质物		
③⑰sob <i>n. &amp; vi. &amp; vt.</i> 抽噎,啜泣;哭诉		
③⑱pillow <i>n.</i> 枕头		
③⑲untidy <i>adj.</i> 不整洁的;凌乱的		
④⑩neatly <i>adv.</i> 整齐地,整洁地		
④⑪take up 拿起来		
④⑫unkindly <i>adv.</i> 刻薄地;苛刻地		

词汇助读	课文	翻译助读
④③disapprovingly <i>adv.</i> 不以为然地;不赞成地	Anne's white face and big eyes appeared over the bedclothes. "How can you call it a good night when you know it must be the very worst night [22] I've ever had?" she said <b>disapprovingly</b> <sup>④③</sup> . Then she <b>dived</b> <sup>④④</sup> down into the bedclothes again.	安妮从被子里露出苍白的脸蛋和大眼睛。“你明明知道这一定是我度过的最糟糕的一晚,还说什么晚安呢?”她反驳道。然后她又钻进了被子里。
④④dive <i>vi.</i> 扑向,急冲进; 跳水,潜水	[22]画线句为定语从句,修饰名词 night,从句省略了关系代词 that.	
④⑤put away 收起,收好	[23]To bed went Matthew. And to bed, when she had put her dishes <b>away</b> <sup>④⑤</sup> , went Marilla, [24] <b>frowning</b> <sup>④⑥</sup> most <b>resolutely</b> <sup>④⑦</sup> . And upstairs, in the east <b>gable</b> <sup>④⑧</sup> , a lonely, heart-hungry, friendless child cried herself to sleep.	马修上床睡觉了。玛丽拉收拾完盘子,紧紧地皱着眉头,也回到房间休息了。楼上东山墙那边的房间里,一个孤独、心灰意冷、没有朋友的孩子,哭泣着进入了梦乡。
④⑥frown <i>vi.</i> 皱眉	[23]画线句为完全倒装句。	
④⑦resolutely <i>adv.</i> 坚决地,坚定地	[24]现在分词短语作状语。	
④⑧gable <i>n.</i> 山墙,三角墙		

Step 1 Fast reading

Read the passage on Pages 14—15 and match the main ideas with each part.

- ( ) Part 1 (Paras. 1—5) ( ) Part 2 (Paras. 6—9)
- ( ) Part 3 (Paras. 10—14) ( ) Part 4 (Paras. 15—18)
- ( ) Part 5 (Paras. 19—21)
- A. Anne struggles to eat during dinner.
- B. Anne's bedtime and her impression of the room.
- C. Marilla's awkward farewell and Anne's loneliness.
- D. Anne cries and Marilla's attempt to comfort her.
- E. Marilla's surprise at Anne's unexpected arrival.

Step 2 Careful reading

Read the text carefully and choose the best answer.

- ( ) 1. Why did Marilla freeze in amazement?
- A. Because she was too cold.
- B. Because she saw a girl, not a boy.
- C. Because the girl was so ugly.
- D. Because she ran too fast.
- ( ) 2. Why did the girl burst out crying?
- A. Because she didn't have any relatives.
- B. Because she thought nobody there wanted her.
- C. Because she missed her parents very much.
- D. Because she was left alone at the train station.
- ( ) 3. Which of the following words can be used to describe Anne?
- A. Desperate.
- B. Fortunate.
- C. Considerate.
- D. Optimistic.
- ( ) 4. What was the room Anne stayed like?
- A. Clean and warm.

- B. Bare and fashionable.
- C. White and welcoming.
- D. Cold and old-fashioned.

Step 3 Summary

Read the text again and fill in the blanks.

Marilla was very 1. \_\_\_\_\_ (surprise) and confused when she saw the odd little figure. They 2. \_\_\_\_\_ (send) word to Mrs Spencer to bring a boy, but she brought such a girl with the long hair and the eager, bright eyes.

When the girl 3. \_\_\_\_\_ name was Anne seemed to understand Marilla and Matthew's dialogue, she stopped remaining silent, 4. \_\_\_\_\_ (express) that they didn't want her. This made her 5. \_\_\_\_\_ the depths of despair. She burst into 6. \_\_\_\_\_ (tear) and then buried her face in her arms and proceeded to cry 7. \_\_\_\_\_ (stormy). Neither Marilla nor Matthew knew how 8. \_\_\_\_\_ (comfort) the girl.

It was time for dinner. Anne tried to enjoy the bread, butter and the apple jam, but she had no appetite and ate nothing.

Matthew thought Anne was tired and suggested that she go to bed. Marilla made a decision that Anne slept in the bedroom. 9. \_\_\_\_\_ whole room felt cold and unwelcoming. Anne undressed and put on her nightclothes. After Marilla returned and said "Good night" awkwardly but not unkindly, Anne still felt upset and lonely and at last cried 10. \_\_\_\_\_ (she) to sleep.

## 词汇点睛

**1. adopt** *vi. & vt.* 收养, 领养; 采取某种方法、政策、态度等

(教材 P14) They apply to **adopt** a boy from an orphanage as they need help on their farm.

他们申请从孤儿院收养一个男孩, 因为他们的农场需要帮助。

- |                             |           |
|-----------------------------|-----------|
| (1) adopt a plan/suggestion | 采用计划/采纳建议 |
| adopt an orphan             | 收养孤儿      |
| (2) adoption <i>n.</i>      | 采用; 收养    |
| (3) adopted <i>adj.</i>     | 收养的; 移居的  |

## 【活学活用】

(1) 单句填空

① Many animal welfare organizations provide care and \_\_\_\_\_ (adopt) services for homeless animals.

② It is reported that most \_\_\_\_\_ (adopt) children want to know who their natural parents are.

(2) 完成句子/句式改写

① Consequently, I suggest that some activities should be organized to provide students with opportunities to relieve stress so that they can \_\_\_\_\_ coming challenges.

因此, 我建议应该组织一些活动, 为学生提供缓解压力的机会, 让他们对即将到来的挑战采取更积极的态度。 (应用文写作之建议信)

② Since she **adopted scientific learning methods**, she has made great progress in English.

→ \_\_\_\_\_, she has made great progress in English. (用分词改写)

(话题写作之生活与学习)

**2. freeze** *vi. & vt.* 呆住; 突然停止; (使) 结冰, (使) 冻结

(教材 P14) But when her eyes fell on the odd little figure in the stiff, ugly dress, with the long red hair and the eager, bright eyes, she **froze** in amazement. 但当她的目光落在那个衣服不合身又难看、长着红色长头发、眼睛热切而明亮的古怪小人身上时, 她惊呆了。

- |                          |          |
|--------------------------|----------|
| (1) freeze (sb) to death | (把某人) 冻死 |
| (2) freezing <i>adj.</i> | 极冷的, 严寒的 |
| <i>adv.</i>              | 极冷地, 严寒地 |

- |                        |               |
|------------------------|---------------|
| freezing cold          | 极其寒冷的         |
| (3) frozen <i>adj.</i> | 冷冻的; 冻僵的; 吓呆的 |
| be frozen to death     | 被冻死           |
| be frozen with...      | 因……而吓呆/惊呆了    |

[温馨提示] freeze 的过去式、过去分词是 froze, frozen。

## 【活学活用】

(1) 单句填空

① [2021 · 全国甲卷] It was an extremely cold winter's evening and \_\_\_\_\_ (freeze) fog hung in the air.

② [2021 · 新高考全国 I 卷读后续写] Seeing the mess, their father \_\_\_\_\_ (freeze) with shock, as if rooted to the ground.

③ The look on my son's face was a funny mixture of horror, disbelief and guilt. He stayed absolutely \_\_\_\_\_ (freeze) for a long moment.

(2) 完成句子

\_\_\_\_\_, Mia stood in front of the class, with her hands holding her paper, shaking. 米娅手里拿着试卷站在全班面前, 吓得浑身发抖。

(读后续写之动作和情感描写)

**3. amazement** *n.* 吃惊, 惊奇

(教材 P14) But when her eyes fell on the odd little figure in the stiff, ugly dress, with the long red hair and the eager, bright eyes, she froze in **amazement**. 但当她的目光落在那个衣服不合身又难看、长着红色长头发、眼睛热切而明亮的古怪小人身上时, 她惊呆了。

- |                                   |               |
|-----------------------------------|---------------|
| (1) in amazement                  | 惊奇地           |
| to one's amazement                | 令某人惊讶的是       |
| (2) amaze <i>vt.</i>              | 使吃惊; 使惊讶      |
| (3) amazed <i>adj.</i>            | 惊奇的; 惊讶的      |
| be amazed at/by sth               | 对某物感到惊讶       |
| be amazed to see/find/discover... | 因看到/发现……而感到惊讶 |
| (4) amazing <i>adj.</i>           | 令人惊奇的; 令人惊喜的  |

## 【活学活用】

(1) 单句填空

① All the people in the lecture hall stared at him in \_\_\_\_\_ (amaze) when he talked loudly with his friend.

② Tourists will be amazed \_\_\_\_\_ (see) that Eastern and Western cultures mix so well here.

③In the city, you can enjoy an \_\_\_\_\_ (amaze) view from the Sky Tower, which is the city's tallest tower.

④[2024·新课标 I 卷] Then he tried acupuncture, an ancient Chinese practice, and was \_\_\_\_\_ (amaze) that he improved after two or three treatments.

(2)完成句子/句式升级

①\_\_\_\_\_ so many great works of art are housed in the same museum.

令人惊奇的是,在同一家博物馆里竟然收藏了如此多的伟大的艺术品。(话题写作之传统文化)

②To our amazement, the manager fired the clerk who argued with a customer.

→\_\_\_\_\_ that the manager fired the clerk who argued with a customer.(主语从句)

4. burst into 突然……起来(尤指唱歌、哭、笑等)

(教材 P14) I'm going to burst into tears!

我马上就要哭出来了!

(1)burst in 闯入;突然破门而入

(2)burst out 突然大声喊;突然开始(后接 v.-ing 形式)

(3)a burst of speed/applause/laughter  
速度突然增加/一阵掌声/一阵大笑

[温馨提示] burst 的常用短语:

burst into song/tears/laughter = burst out singing/crying/laughing 突然开始唱歌/流泪/大笑

burst into flames 突然着火,突然起火

burst into (thunderous) applause 爆发出(雷鸣般的)掌声

burst with anger/joy 勃然大怒/欣喜若狂

【活学活用】

(1)单句填空

As he walked into the classroom with that funny-looking hat, everyone burst out \_\_\_\_\_ (laugh).

(2)完成句子

①After saying these, she buried her face in her mother's chest and \_\_\_\_\_.  
说完这话,她把脸埋在母亲的怀里,放声大哭起来。

(读后续写之动作描写)

②All the children \_\_\_\_\_ when they heard that.

听到这话,所有的孩子都爆发出雷鸣般的掌声。

(读后续写之动作描写)

③He \_\_\_\_\_ when hearing the announcement that he was on the list.

当他听到他在名单上时,他欣喜若狂。(读后续写之情感描写)

5. proceed vi. 继续进行,继续做

(教材 P14) Sitting down on a chair by the table, throwing her arms on it, and burying her face in them, she proceeded to cry stormily.

她一下坐到桌边的椅子上,扑到桌上,脸埋在臂弯里,放声大哭。

(1)proceed to do sth 接着做某事,继续做某事

(2)proceed with sth 继续某事

(3)proceed to + 地点 前往某地

【活学活用】

(1)单句填空

①Passengers with small children, please proceed \_\_\_\_\_ No.6 ticket barrier.

②The old man took a drink from his cup and proceeded \_\_\_\_\_ his story.

(2)完成句子

Having said she wasn't hungry, she then \_\_\_\_\_ a three-course meal.

她先说不饿,接着却要了一份三道菜的大餐。

6. despair n. 绝望

(教材 P15) I'm in the depths of despair.

我彻底绝望了。

in despair 绝望地  
fall into despair 陷入绝望  
to one's despair 令某人绝望的是

【活学活用】

完成句子

①\_\_\_\_\_, the once flourishing hope faded away like autumn leaves in the wind.

让我绝望的是,曾经燃烧的希望像风中的秋叶一样凋零了。(读后续写之心理活动描写)

②Upon hearing the disastrous news, she \_\_\_\_\_ and was unsure how to cope with the sudden loss.

听到这个灾难性的消息后,她陷入了绝望,不知道如何应对突如其来的损失。(读后续写之心理活动描写)

③He gave up the struggle \_\_\_\_\_, praying for someone to pass by.

他绝望地放弃了挣扎,祈祷有人能从旁边经过。

(读后续写之心理活动描写)